



Reg No:S/IL,41809

## Activity Report 2021-2022

# Himalayan Anti Aids & Anti Narcotic Drugs Society (HANDS)

## Activity Report

### 2021-2022

#### 1. International Day Against Drug Abuse and Illicit Trafficking 26<sup>th</sup> June 2021



*Mr Nereus Mukhia addressing the program*

Commemorating International Day Against Drug Abuse and Illicit Trafficking, HANDS along with Kalimpong District Police had organized an awareness program at Rotary Centre, Upper Cart Road, Kalimpong as an ongoing Substance Abuse demand reduction program by the name of PAHAL Kalimpong. “Pahal Kalimpong” being a project initiated by Kalimpong District Police to work in three major social aspects in the community collaborated with social organizations to facilitate and implement the same initiative.

Substance Abuse being the primary aspects out of the four aspects which were sports and courier guidance, HANDS along with Kalimpong district Police organized an awareness program with various communities in the town, specially Women/ Mothers, empowering them to identify and tackle substance abuse in their families and communities. The SP Kalimpong, Mr Hari Krishan Pai, IPS along with HANDS member like coordinator Mr Nereus Mukhia addressed the very attentive gathering of more than 100 people.

#### 2. Awareness Program at Kalimpong District Correctional Home 6<sup>th</sup> August 2021



*Counsellor Palden Tmang along with District judge Mr Bishal Managrati*

HANDS in collaboration with District Legal Services Authority, Government of West Bengal conducts therapeutic classes forthrightly for the inmates of Kalimpong district Correctional Home. Initiated by the same departmental Judge Mr Bishal Managrati, the inmates of the correctional home have an opportunity to attend classes on a regular basis enabling correction at the correction home substantially.

### 3. Independence Day Celebrations, 15<sup>th</sup> August 2021



*March-past at the Rehabilitation Centre and the patients enjoying games*

With the intention of inculcating a sense of patriotism and a sense of contributing to the nation HANDS celebrated Independence Day in its own humble capacity by starting off the day with a parade and a speech on the contribution of the freedom fighters of our country. The patients saluted the tricolor after slogans of “Vande Mataram” and singing the national anthem. The patients sang solo and group songs to arouse the feeling of patriotism. There were indoor games too for their entertainment.

### 4. Awareness Program at Lingsay Busty 22<sup>nd</sup> August 2021



*Members of Kalimpong NGO Network along with Mr Nereus Mukhia*

HANDS coordinator Mr Nereus Mukhia along with members of KaNGON (Kalimpong NGO Network) conducted an awareness program on substance abuse and child rights at a very remote village of Ligasy Busty under Block 2 of Kalimpong district. As the rural areas of the district are plagued with the menace of porous liquor the emphasis was primarily on Alcohol.

### 5. Awareness Program for Thakurbari Community 26<sup>th</sup> August 2022



*Kalimpong Police Department along with HANDS members at the awareness*

With ongoing programs of PAHAL Kalimpong, the team of HANDS along with inspector in charge of Kalimpong Police station and his team assisted HANDS members in conducting a successful program to the entire community people of Thakur Bari. The women folk in particular were very keen on learning to tackle the horrors of substance abuse in their homes and neighborhood.

## 6. Awareness Program at Teesta Bazar 2<sup>nd</sup> October 2022



*Coordinator Mr Nereus Mukhia as a resource person in the program*

On the auspicious occasion of the 4<sup>th</sup> Foundation day of Mitra Samuh, a social organization formed by concerned citizens of Teesta Bazar, the organization in collaboration with HANDS conducted a program for the entire masses of Teesta Bazar in making the public aware of the solutions/ treatment to the disease of substance abuse and alcoholism.

## 7. World Aids Day 1<sup>st</sup> December 2021



*HANDS Staff at Kalimpong Police Station and at the program with Tibetan youth*

Like every year, HANDS does not let go of any opportunity in reaching out to the masses and bringing about help, support and solution. World AIDS day has been exactly one of these international events where the staff and volunteers go out to various officials like the Municipality Chairman, Police Department Officer In charge and the masses, ask two minutes of their time and pass the message of HIV/AIDS and its mode of transmission to each one of them. Along with the above program HANDS in association with all India Tibetan Youth forum conducted a program to sensitize the Tibetan community on the relevance of Substance Abuse and HIV/AIDS.

## 8. Awareness Program at Teesta Bazar 4<sup>th</sup> December 2022



*Centre-in charge Palden Tamang and Mr Prayogti Kumai at the awareness*

Yet again, social organization Mitra Samuh from Teesta Bazar in collaboration with HANDS conducted an awareness program for the youth of in and around Teesta. Over 300 young hearts attended the program with great keenness as the subject being delivered was effecting everyone. The program empowered the youth in safe guarding themselves from substance abuse and tackle their near and dear suffering friends/ relatives.

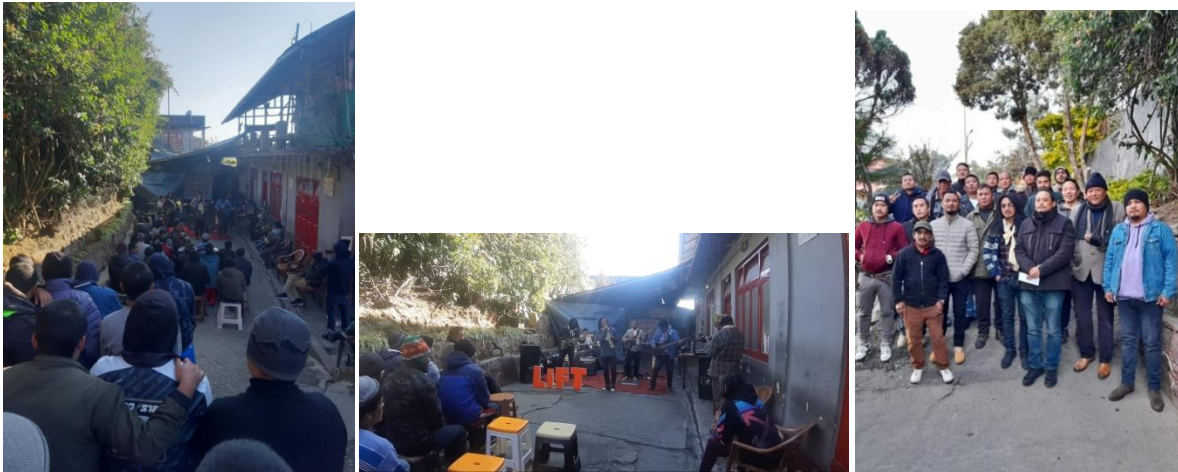
### 9.Christmas 2022 with CMA at the Rehabilitation Centre



*Young Kalimpong Chapter CMA Members celebrating with the patients*

Every Year Young CMA Members of Kalimpong Chapter take out time on Christmas morning to come and celebrate Christmas with the patients and staff of HANDS Rehabilitation Centre giving the patients a sense of warmth and acceptance on such festive occasions.

### 10. Popular Regional band “Nomads” charity show on New Year eve



*NOMADS band performing for the patients at the Centre*

Popular Regional band “Nomads” conducted a charity show on New Year eve at the rehabilitation centre for the patients. As Nomads was celebrating their 25<sup>th</sup> Anniversary, they chose to perform for the patients of the rehabilitation centre. It was a huge honor and privilege for the patients and staff of the rehabilitation centre who enjoyed the program to its fullest.

### 11. 7<sup>th</sup> Mile, Milan Club Awareness’ Program 29<sup>th</sup> January 2022



*Mr Nereus Mukhia addressing as the keynote speaker at the awareness program*

Under the banner of ‘PAHAL Kalimpong’ an initiative of Kalimpong District Police and HANDS, a joint team conducted an awareness program at 7<sup>th</sup> Mile, Milan club, Kalimpong. The program was well attended by the community members who reached out in the program seeking help for the members already suffering in their family in good numbers.

### 12. Football Star Nadung Bhutia's Visit 4<sup>th</sup> February 2022



*Mr Nadung Bhutia along with Mr Nereus Mukhia at the program*

Being the youth icon of the region, Mr Nadung Bhutia inspires hundreds and thousands of the youth and masses as a national Soccer player. In the same capacity, Mr Nadung Bhutia was invited to the rehabilitation centre as a motivational speaker and the patients were very inspired to know about his lifestyle bubbling with hard work and success.

### 13. Awareness Program at Melli 12<sup>th</sup> February 2022



*SP Kalimpong Aparajita Rai IPS at the program and Nereus Mukhia as the resource person*

'PAHAL Kalimpong team organized yet another awareness program at Melli Bazar community hall. This was the first program attended by the newly transferred SP of Kalimpong District Aparajita Rai, IPS who too has deep concerns for the about the grave substance problems in the hills and had worked extensively in the same field at her previous posting at Kolkata police. A huge crowd had gathered at the community hall to attend the program which left the masses with great determination to fight the substance abuse menace in Melli Bazar.

### 14. Awareness Program at Teesta Bazar 27<sup>th</sup> March 2022



*Sub Inspector Sabita Lama and Nereus Mukhia addressing the gathering*

Another program of PAHAL Kalimpong at Teesta Bazar organized specially for mothers, women organizations and SHG's to make them aware of the nature of substance dependency in the family and neighborhood. They were also prepared to fight illicit substance trade in the locality as Teesta located at NH10 is prone to such illegal activities crippling the entire community.